

Exit Reliability - Peacefulness Test

Rating Factor	NEMBUTAL	NITROGEN	DDMP	FENTANYL	NITRITE
Reliability(10)	10	8	10	8	7
Peacefullness (10)	10	7	9	9	7
Availability (5)	2	4	4	3	4
Preparation (5)	5	2	3	5	5
Undetectability (5)	4	5	4	4	2
Speed (5)	4	5	3	3	3
Safety (5)	5	5	5	5	5
Storage (5)	4	5	3	3	5
TOTAL (50)	44	41	41	40	38
%	88%	82%	82%	80%	76%
RATING	1	2	2	4	5

Rating Factor	PROPOXYPHENE	CHLOROQUINE	CYANIDE	AMYTRIPTILINE	AZIDE
Reliability(10)	9	8	10	8	9
Peacefullness (10)	7	5	5	7	6
Availability (5)	4	5	1	3	3
Preparation (5)	3	3	4	3	4
Undetectability (5)	3	3	3	3	2
Speed (5)	2	3	5	2	5
Safety (5)	5	5	2	5	2
Storage (5)	3	4	5	3	3
TOTAL (50)	36	36	35	34	34
%	72%	72%	70%	68%	68%
RATING	6	6	8	9	9

Rating Factor	MONOXIDE	MORPHINE	H2S	INSULIN	CHLORAL
Reliability(10)	9	4	10	5	5
Peacefullness (10)	8	10	3	5	5
Availability (5)	3	2	5	3	3
Preparation (5)	2	5	4	2	3
Undetectability (5)	1	2	0	2	2
Speed (5)	5	2	5	5	3
Safety (5)	1	5	0	5	5
Storage (5)	4	3	4	3	4
TOTAL (50)	33	33	31	30	30
%	66%	66%	62%	60%	60%
RATING	11	11	13	14	14

About Philip Nitschke

Dr Philip Nitschke PhD, MBBS, BSc (Hons) is the Founder and Director of Exit International. As the first doctor in the world to administer a legal, lethal, voluntary injection under Australia's short-lived *Rights of the Terminally Ill Act*, Philip is a pioneer of the modern right to die movement globally.

Philip was awarded his doctorate in applied physics. He later became a graduate of Sydney Medical School.

With Fiona Stewart, Philip is author of *Killing Me Softly: Voluntary Euthanasia and the Road to the Peaceful Pill* (Penguin 2005, now republished). His autobiography, *Damned If I Do* (with Peter Corris) was published by Melbourne University Press in 2013.

Philip is the recipient of many rewards and honours including nine-time nominee for Australian of the Year. He lives in the Netherlands.

About Fiona Stewart

Dr Fiona Stewart PhD, MPoLLaw, LLB, BA is a public health sociologist and lawyer. Fiona has worked in a variety of fields including over a decade in academia. Fiona has also been a consultant to World Health Organization, a journalist, newspaper columnist, dot-com founder and media strategist. Fiona lives in the Netherlands.



Fiona Stewart & Philip Nitschke

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In *The Peaceful Pill eHandbook*, Dr Philip Nitschke draws upon the latest scientific research to explain a range of practical and useful end of life strategies. By applying Exit's 'Reliability - Peacefulness' test, the readers can compare the benefits of various options including the barbiturates (sources, testing, administration), the use of inert gases such as Nitrogen, poisons, prescription / over-the-counter drugs as well as the assisted dying services available to foreigners in Switzerland. Finally, the PPeH also covers issues such as testamentary capacity, wills, advance health directives, death certificates and autopsies.

Read what the critics say about *The Peaceful Pill Handbook*

"The second was a newer book by the Australian right-to-die advocate Philip Nitschke called "*The Peaceful Pill Handbook*." The pill in the title (though not literally a pill; it comes in liquid form) was Nembutal ... After reading about it, Sandy thought pentobarbital was what she was looking for. It was reliable, fast-acting and - most important to her - a gentle way to die."

New York Times Magazine, 14 May 2015

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